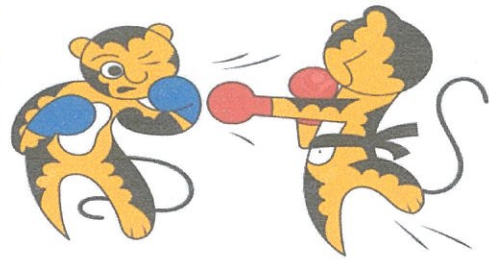
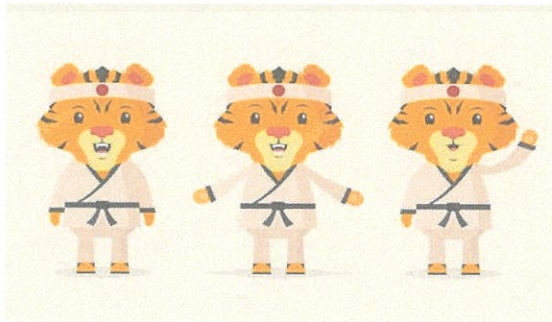




# KARATE ALBA SUMMER CAMP



Come and join us for a day filled with lots of fun activities! (Karate, games, fitness, arts and crafts, chill time and lots more)

**Date:** Monday 5<sup>th</sup> August to Friday 9<sup>th</sup> August 2019

**Venue:** Trinity Church, 5 Huntly Place, Inverness, IV3 8HA.

**Cost:**

- Full day (9am-5pm) £24. 2<sup>nd</sup>, 3<sup>rd</sup> child etc £17 each
- Half day (9am to 1pm) OR (1pm to 5pm) £15. 2<sup>nd</sup>, 3<sup>rd</sup> child etc £10 each
- Full week £100

**\*\* Everyone who attends will be entered in a draw to WIN a free day at camp \*\***

There are a limited number of spaces so book early to avoid disappointment! Places are booked on a first come first serve basis upon Karate Alba receiving FULL PAYMENT. Karate Alba students have priority booking and **MUST book their place by Wed 26<sup>th</sup> June, the camp will then be advertised to the public.**

**On the day:**

Please bring a packed lunch, healthy snacks and juice/water. A jacket and any inhalers etc

**For more information please contact**

Sophie Howarth: 07884203531 or [howarth-58@hotmail.co.uk](mailto:howarth-58@hotmail.co.uk)

Childs Name and D.O.B:

2<sup>nd</sup> Childs Name and D.O.B:

3<sup>rd</sup> Childs Name and D.O.B:

Parent/Guardian Name:

Emergency Contact Name and Number:

Medical Conditions:

Allergies:

**PLEASE TICK**

**Full Day 9am to 5pm**

- Monday 5<sup>th</sup> August   
Tuesday 6<sup>th</sup> August   
Wednesday 7<sup>th</sup> August   
Thursday 8<sup>th</sup> August   
Friday 9<sup>th</sup> August

**Half Day 9am to 1pm**

- Monday 5<sup>th</sup> August   
Tuesday 6<sup>th</sup> August   
Wednesday 7<sup>th</sup> August   
Thursday 8<sup>th</sup> August   
Friday 9<sup>th</sup> August

**Half Day 1pm to 5pm**

- Monday 5<sup>th</sup> August   
Tuesday 6<sup>th</sup> August   
Wednesday 7<sup>th</sup> August   
Thursday 8<sup>th</sup> August   
Friday 9<sup>th</sup> August

The cost of Karate Camp does not include food or juice. Children are required to bring a packed lunch and juice/healthy snacks. Your place on the camp is only secured upon full payment. If you fail to show up for camp, no refund will be given. You don't have to wear your Karate suit but please be appropriately dressed for sporting activities.

Declaration & Form of Release

I fully understand Karate is a high risk sport and injury is a foreseeable consequence whilst participating in this activity. I indemnify Karate Alba Federation and instructors in respect of any negligence, loss, injury, or damage caused.

Parent Sign \_\_\_\_\_ Date \_\_\_\_\_

Do you approve of film/photographs taken for the sole purpose of club promotion?

Parent Sign \_\_\_\_\_ Date \_\_\_\_\_